EXTENDED TIME + BREAKS
Use breaks within your professional routine to help you stay focused, reevaluate priorities, and reach your main goals.

PHYSICAL ACComODATIONS
Examples of physical accommodations could be a specific cart or tool that matches your need, or changes to your environment to help with sensory barriers.

JOB COACHING
Job coaches can be on or off site. They can help with accommodation set up, professional communication, and more!

ADVOCACY SUPPORT
CSU Career Center, Center for Community Partnerships, and other resources can help you practice your self-advocacy skills.

REMINDERS:
- Accommodations do not exclude you from performing the Essential Job Functions of the position under the ADA
- Accommodations should be documented with your employer and communicated to your direct supervisor